





Four Corners was a ground breaking participatory arts project which pushed boundaries, encouraged dialogue and celebrated everyday life in Liverpool. It was a major city wide participation programme commissioned by Culture Liverpool. It provided a framework for artists and communities to work together, shining a spotlight on the experience of life in Liverpool's neighbourhoods.

Four Corners is thought provoking,  
challenging, often controversial,  
but truly Liverpool.

Four Corners began life in 2006 and was the major project for Liverpool's European Capital of Culture 2008 neighbourhood programme. It was delivered across the city between 2006 and 2012 and involved dozens of artists and tens of thousands of local people.

Four Corners  
2006



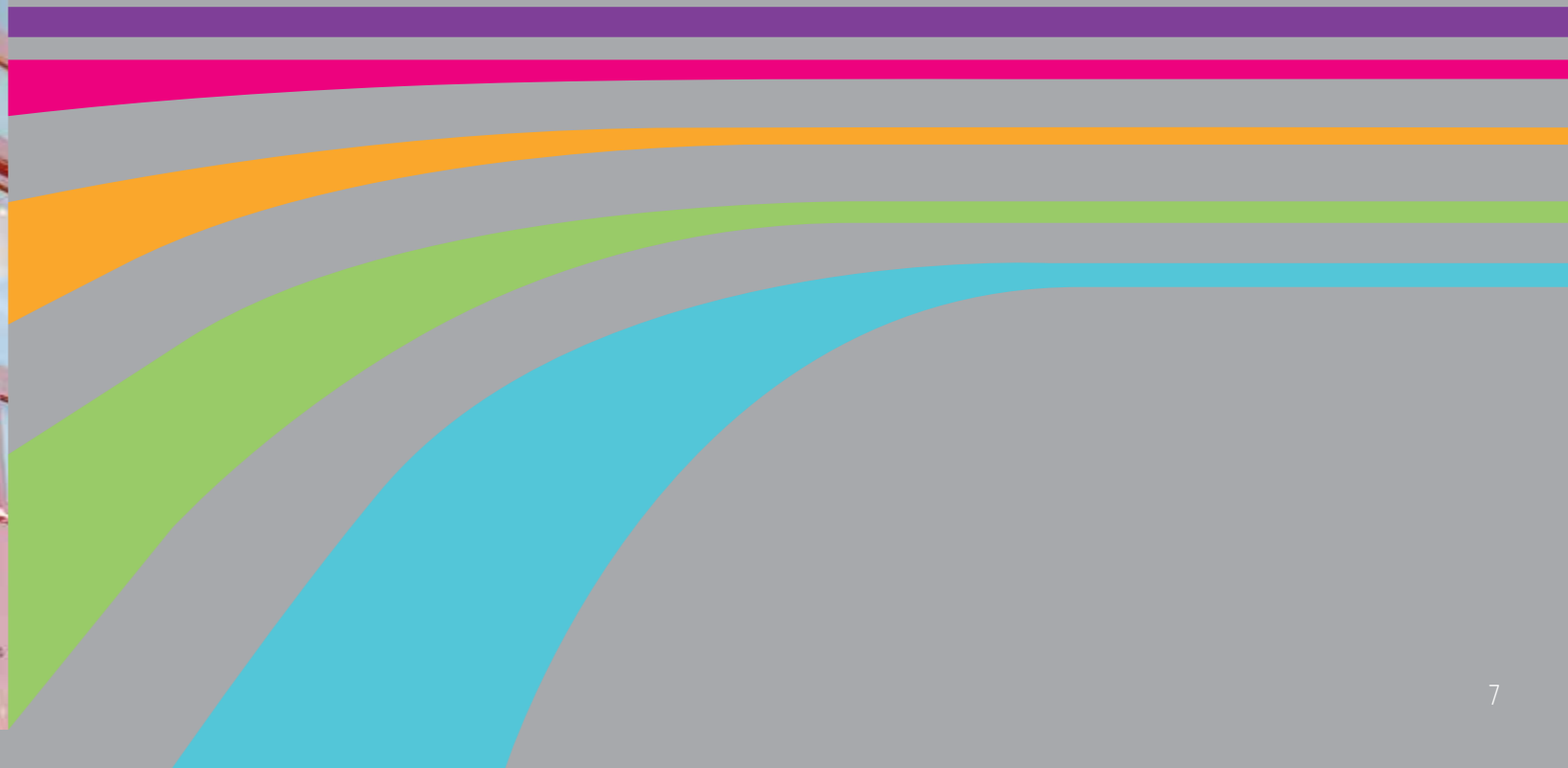


# Four Corners

Our House - 2007

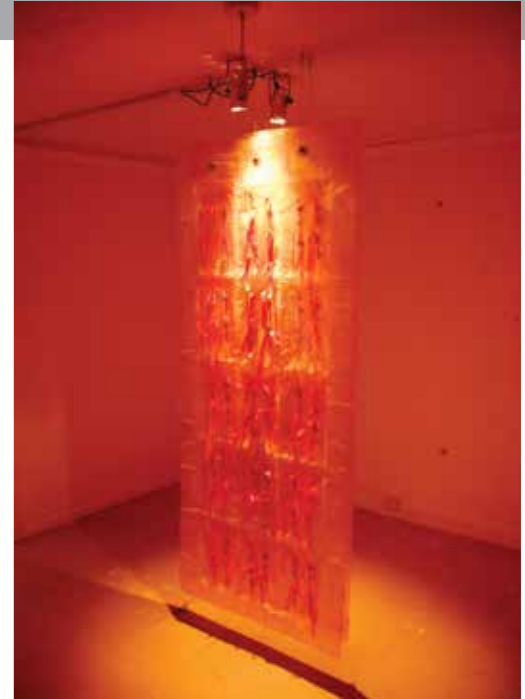


Four Corners took the audience on a journey through the lives of the people of Liverpool, exploring their relationship with each other and their immediate world. Through an artistic process incorporating creative writing, visual arts and many other creative mediums, Four Corners helped communities to reflect on significant changes that were occurring across the city.





Four Corners  
Our House - 2007





Four Corners  
2008





Four Corners  
2009



Four Corners  
2009





Four Corners  
2010



Four Corners  
2010







Four Corners  
2010



Four Corners  
2010





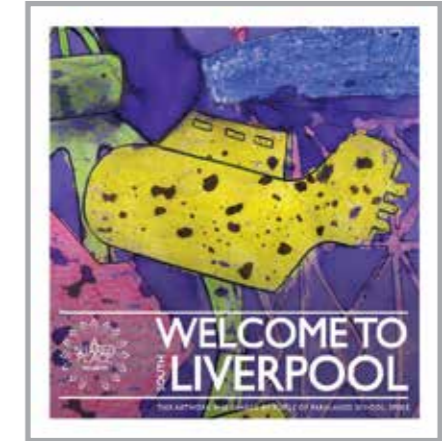
Four Corners  
2010



Four Corners  
2010



Four Corners was often an uncertain journey, but the work produced was always challenging, beautiful, unique and thought provoking.



Four Corners  
2011



[www.asharedplace.org.uk](http://www.asharedplace.org.uk)

Partnership working was at the heart of the Four Corners model. The programme was delivered in conjunction with Neighbourhood Management Services. The Liverpool Primary Care Trust also came on board as a partner in 2010 and has since funded the programme as part of the Decade of Health and Wellbeing. The final Four Corners project was delivered in 2012, entitled "A Shared Place" built on the success of the previous years programmes and provided a fitting finish to the Four Corners journey.



The Decade of Health and Wellbeing is about encouraging people to build the Five Ways to Wellbeing into their daily routines and potentially add 7.5 years to their life expectancy.

The underlying message through the five ways is that mental health and wellbeing is as important as physical health; feeling good is an important part of being healthy. Art and culture is a fantastic mechanism to enable people to embed the Five Ways to Wellbeing into their daily lives: Connect, Be Active, Take Notice, Keep Learning & Give. Through the Four Corners, participants were able to engage in the Five Ways and improve their health and wellbeing.



Four Corners  
Shared Place - 2012





## Four Corners Shared Place - 2012

The overall theme for "Shared Place" was to share what is happening in South Liverpool via easily accessible, public places. With many transport hubs and routes to the city centre being situated in or passing through the area, "Shared Spaces" seemed the ideal mechanism to promote the works and thoughts of the participants to their neighbours, a wider Liverpool and further afield.





With this in mind, the work of the participants was displayed at bus stops, on buses, at the airport, in waiting rooms and other neighbourhood areas.

The Themes of the pieces took the lead from the Primary Care Trusts 5 ways to wellbeing:

- Connect
- Be Active
- Take Notice
- Keep Learning
- Give

**Five ways to wellbeing**

**Connect...**  
Connect with the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.

**Five ways to wellbeing**

**Be active...**  
Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercising makes you feel good. Most importantly, discover a physical activity you enjoy and one that suits your level of mobility and fitness.

**Five ways to wellbeing**

**Take notice...**  
Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.

**Five ways to wellbeing**

**Keep learning...**  
Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident as well as being fun.

**Five ways to wellbeing**

**Give...**  
Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and creates connections with the people around you.



Four Corners  
Shared Place - 2012

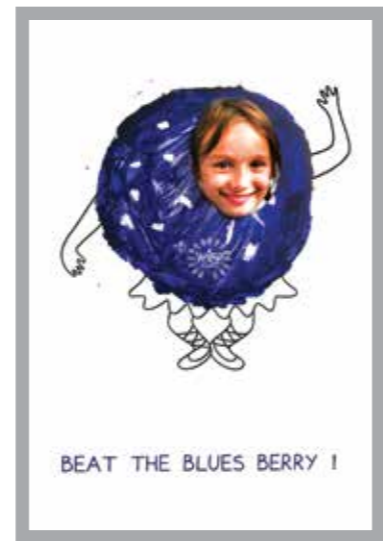




Four Corners  
Shared Place - 2012











Four Corners  
Shared Place - 2012





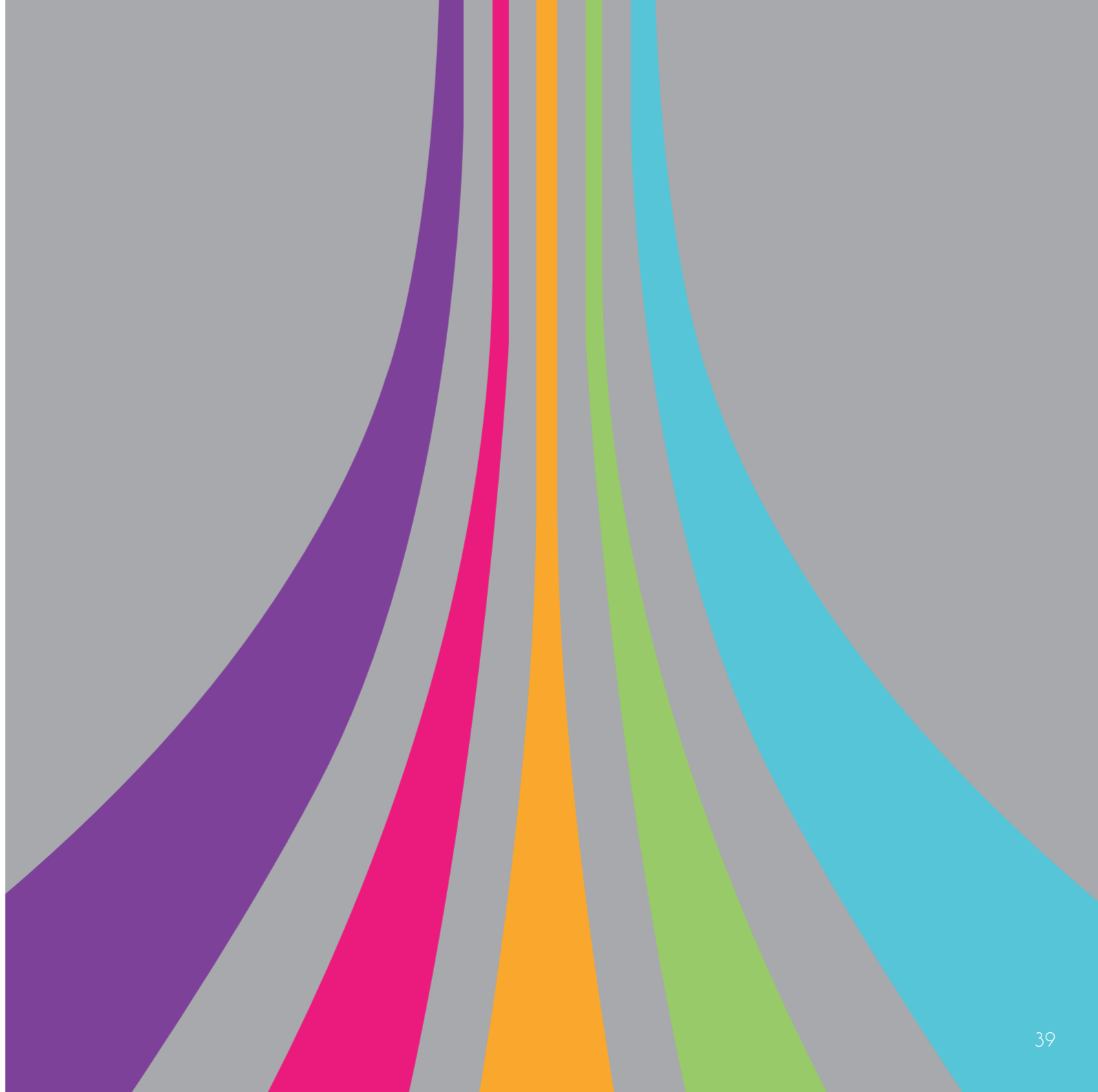


Four Corners  
Shared Place - 2012





Four Corners  
Shared Place - 2012





Four Corners

[www.2010healthandwellbeing.org.uk](http://www.2010healthandwellbeing.org.uk)

Special thanks to all communities, organisations, artists, individuals and photographers who have been involved in the Four Corners journey.

# 「FOUR」 「corners」

