



From Saturday 5 July – Sunday 13 July Liverpool will be taking part in Big Dance a nationwide celebration of dance, encouraging people of all ages to take part in different styles of dance.

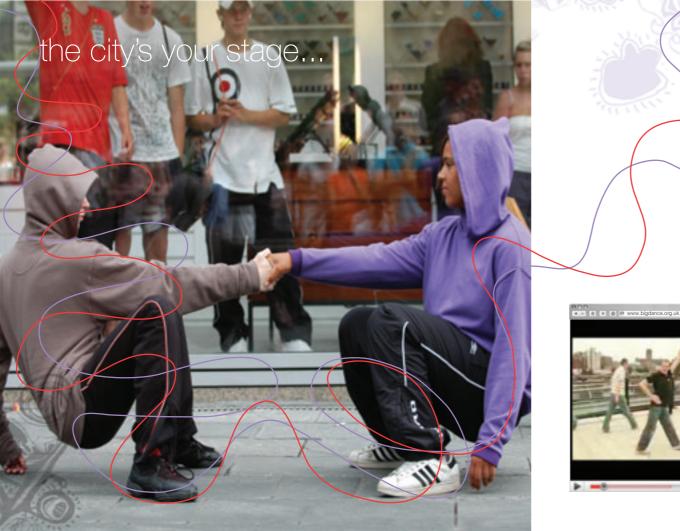
There will be lots of dance events happening throughout the week, watch out for Lisi Perry's Line supported by Virgin Trains at Lime Street Station where they will dance their way to London on board Virgin trains to join with dancers to perform at Euston Station.

Over 30,000 school children in Merseyside will be taking part in the "Rise and Shine" dance with BBC Radio Merseyside starting the countdown to the biggest simultaneous dance event, ran by Sportslinx.

There will be many opportunities for you to get involved. You can create your own version of the 8 Steps for 08 or become one of the dancers in the virtual ballet, Flock. On the Sunday Liverpool will host the Big Dance where you can try everything from African dance to Salsa.

You can also hold your own dance events and register them on the Big Dance website or find out about dance classes and events where you live.

Whatever your preference, you can be sure Big Dance will get the city moving!



8 Steps for 08

As part of Liverpool's Big Dance celebrations, the Liverpool Culture Company and Arts Council England North West have commissioned Luca Silvestrini (Artistic Director and Choreographer of Protein Dance) to create the 8 steps for 08. A short film showing the 8 Steps routine is available at liverpool08.com or bigdance.org.uk

You can learn the steps then film yourself doing the routine and upload it to YouTube. All you have to do is film yourself dancing the 8 steps anywhere from shopping centres, to train stations, beaches to bars, you might even appear on the big screen on the Big Dance day, Sunday 13 July. The inspiration for the steps is taken from Liverpool; from the Beatles step to the Mersey River step!

On Sunday 13 July people are expected to gather in Williamson Square for a mass performance of the 8 Steps. You can learn the steps on the day, via the big screens in the city centre or by following the youngsters from the Rise and Shine project. Be at Williamson Square, lunchtime on 13 July.

Flock

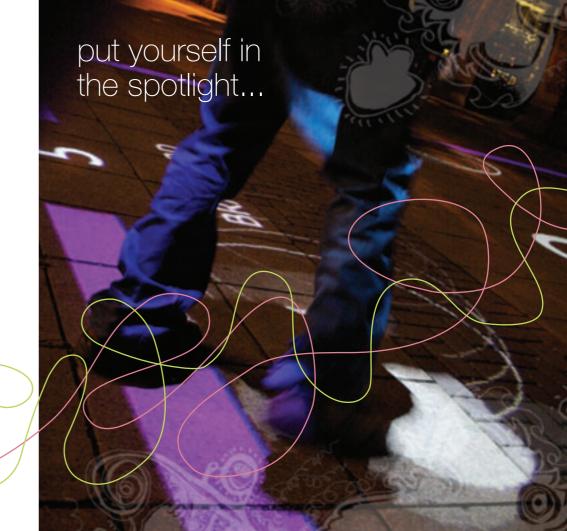
Williamson Square, Liverpool
Friday 11 July and Saturday 12 July, 9.45pm

Become part of a "Virtual Swan Lake" in the centre of Liverpool.

Inspired by Tchaikovsky's Swan Lake, Flock is a free event, where members of the public become "pedestrian performers" – embarking on a journey where fantasy and reality merge. The pavement under your feet is primed to react when you step into the space. The technology will pick up on your presence and allocate you with your own personal spotlight.

Flock is a collaboration between digital artists KMA (Kit Monkman and Tom Wexler) and choreographer Tom Sapsford. KMA are world leaders in new media who use light and sound to create stunning visual theatrical events.





The Big Dance

Sunday 13 July 10.00-17.00

Join us in Williamson Square on the final day of Big Dance week for a day of dance celebration. You will have the opportunity to try out different dance styles with a series of dance participation workshops. The day will start off gently with a Tai Chi class, followed by a classical Indian Kathak demonstration. As we move into the afternoon why not join in with the African Dance class. Then it's your chance to perform the 8 Steps for 08 and learn some of the Rise and Shine routines with Becky West. The day will be rounded off with a Ballroom and a Latin session and finish with a Salsa class with live music from *Iguana*. The day is set to be action packed with lots of opportunities to join in.

10.00-10.45 Tai Chi class 10.45-11.15 Kathak

11.30-12.15 African Dance class

12:30 13:15 Rise & Shine & 08 Steps

13:30-14:00 Ballroom Dance class

14:00-15:00 Ballroom Dance free dance

15.15-15:45 Salsa class 15:45:16:45 Salsa party

